Name:

**Date Developed/Revised:** 

Position: Sitting in wheelchair (w/c), on shower chair, during oral care and when given medications.

- May sit in recliner or captain's chair per his preference during "sitting" times.
- Medication and oral care given in seated position.
- Sits on a shower chair for bathing
- Use wheelchair for out of home mobility and for meals.
- Seatbelt must be fastened snugly across his pelvis.
- Legrests must be used for safety and support of his legs and feet.
- He wears shoes and socks when sitting in w/c.
- He does not mobilize independently in w/c. He must be pushed for mobility.
- Brakes are to be locked prior to all transfers into or out of wheelchair.
- When going down a ramp, turn him around and back him down the ramp.
- Push him going forward up a ramp.
- Follow times on and document on Positioning Schedule Daily Data Sheet.
- Must change out of a "back and butt" position after a maximum of 2 hours.

**Note:** He <u>must sit upright</u> for at least thirty minutes after every meal, after snacks and after the medication administration.





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Name: Date Developed/Revised:

### **Position: Right Sidelying**

- Assist into Right sidelying 30 minutes after she completes breakfast, lunch and supper.
- Right sidelying to last for 1 hour each time.
- Follow times on and document on Positioning Schedule Daily Data Sheet.





- Make sure that she is clean and ready to be positioned by asking her if ready.
- Place shoulders, back and hips against the back of the couch or daybed.
- Place 2 bed pillows under her head
- Place pillow long ways along her abdomen.
- Place pillow long ways between legs from thighs to feet.
- Look at her position from the front and from her foot.
- If she is not positioned as shown in the photos, adjust her position.
- Make sure that she can see what is going on the area.
- Put her communication device within reach of her left hand.

This protocol developed by:	
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Name: Date Developed/Revised:

### **Position: Left Sidelying**

- Assist into Left sidelying after completing right sidelying..
- Left sidelying to last for 1 hour each time.
- Follow times on and document on Positioning Schedule Daily Data Sheet.





- Make sure that she is clean and ready to be positioned by asking her if ready.
- Place shoulders, back and hips against the back of the couch or daybed.
- Place 2 bed pillows under her head
- Place pillow longways along her abdomen.
- Place pillow longways between legs from thighs to feet.
- Look at her position from the front and from her head.
- If she is not positioned as shown in the photos, adjust her position.
- Make sure that she can see what is going on the area.
- Put her communication device within reach of her right hand.

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Name: Date Developed/Revised:

### **Position: Supine**

- Assist into Supine after completing left sidelying..
- Supine to last for 1 hour each time.
- Follow times on and document on Positioning Schedule Daily Data Sheet.
- Make sure that she is clean and ready to be positioned by asking her if ready.
- Place 2 bed pillows under her head
- Place pillow longways at each side of her trunk to keep straight and to support her arms.
- Place pillow longways between legs from knees to feet.
- Look at her position from the side and from her feet.
- If she is not positioned as shown in the photos, adjust her position.
- Make sure that she can see what is going on the area.
- Put her communication device within reach of her hands.





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